

Foundations101

Our most essential life and financial skills workshops are offered in this multi-day programme, ensuring you have a well-rounded education, real-world skills, and **motivation to create positive change in your life.**



Workshops

Career-driven Module

Who Are You?

Being aware of your personality type provides insight into your strengths and weaknesses, and how your characteristics influence decision-making.

1-2-3 CVs

From basic dos and don'ts to tips and tricks, we'll help you craft a world-ready CV—it's as easy as 1-2-3! After all, a well-written CV makes a strong argument for you as a potential employee, and gives you the best chance of getting called into that first interview.

How to Ace a Job Interview

Job interviews can be a little daunting, but with a bit of preparation and guidance (like knowing what clothes to wear and what questions you might have to answer) you'll have all the tools you need to make a positive first impression.

Goal-Getting

Setting and achieving goals requires focus and a realistic approach. By using goal-setting templates and building motivation, we'll help you to aim high, take action and make your goals a reality.

Financially-driven Module

Successful Saving

We'll share with you our sweet set of skills to make saving your money simple, sustainable and successful. Seriously.

Better Budgeting

A budget is about telling your hard-earned money where to go, rather than wondering where it all went. It's about ensuring that your savings stay as savings, so that your money is available to you when you really need it. We'll show you how.

Money Musts

Credit. Debt. Tax. Inflation. Knowing the definitions of these terms—and how they all work together—will help you make better financial decisions, and allow you to apply your money skills in a number of real-world settings.

Teaching Tamariki*

From toddler to teenager, we'll enable you to teach your tamariki essential financial lessons—from the comfort of home.

**Available for adult participants only.*

